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# Oxygen Tubing Users Guide

## Important Oxygen Tubing Information

The use of **oxygen tubing** narrows down to one thing under medicine, and that is the supply of needed oxygen to the body from an oxygen chamber or cylinder. The tube is narrow, translucent equipment that may come with different tints of colors with a few [millimeters](#) in diameter that is able to be fitted into the windpipe of a patient either through the nose or the mouth so that it may be effective.



Currently, there are a number of manufacturers in the market and each of them has their own patented design of the tube. This means that there is a variety of oxygen tubing to choose from.

But considering the simplicity of the equipment, it is quite hard to put down a description and call it the best. However, there are the basics of what the tube should provide, and this should serve as a clear guideline towards what the best tube should be.

### Oxygen Tubing Specifications

A variety of manufacturers, as we have just said, means a variety of designs. This means differences in length, diametric measurements, material used for the design and much more. As much as there may be lots of variations and differences, the ultimate purpose of the tube stands as being a source through which oxygen travels to the body mechanically.

*Oxygen tubing* is necessary when a patient needs extra oxygen in their body than their bodies can actually get by natural inhalation. Such are the cases when a patient is experiencing lung disease, unusual heart conditions, [anemia](#) or similar complications.

Extra oxygen might also be necessary if the person has experienced an injury and especially in such cases as burns. The **oxygen tubing process** involves a tube; an oxygen cylinder and the patient's breathing system. The oxygen tank or cylinder is a metal tank where the oxygen is kept under high pressure.

### Oxygen Tubing to The Tank

The tank comes with various parts, including a pressure gauge that indicates exactly how much oxygen is left in the tank. It also comes with a flow meter that helps to control the rate in terms of speed of the flow of oxygen that is released from the tank.

A humidifier is used to warm the oxygen before it is released from the tank. This is because



oxygen is stored under very low temperatures and also helps to create a [humid atmosphere](#) within the tube so as to prevent excessive dryness from the air.

## Oxygen Tubing to The Nasal Cannula

**Oxygen tubing** also involves a Nasal cannula. This is a tube with two prongs that can fit onto the nasal openings of a person. This is where your body meets with the oxygen with the face upwards; the prongs are placed on the nostrils and follow that nasal curve.

The tubing for the [cannula](#) goes behind each ear and is adjusted below each chin. All this should also come with a mask that is hooked to the tube.

The mask is filled with oxygen from the tank and covers the face from your nose to your mouth. This allows you to breathe either through your nose or mouth.

## Oxygen Tubing to The Mask

Once the mask is over your face to your mouth, put the strap on over your head, in such a way that it rests over your ears. The mask should fit firmly over the face of the patient for the best results and to avoid wastage of oxygen.

If you are using a **portable oxygen system**, this is basically the same as the stationary unit only that it is more compact and less cumbersome to carry around. You can go anywhere with a portable system and it works just like the ordinary unit.

It also has a pressure gauge that shows you the amount of oxygen that is left in the tank. *Oxygen tubing* with a portable unit is slightly different as in this case, you do not have a mask for your face.

## Oxygen Tubing Usage

This is however replaced with a simple tube that comes from your tank, is fitted behind your ears and neck for stability, and goes down to your [nasal openings](#) and into your system.

The lack of a mask allows you to have a normal and comfortable time without any hindrances to your daily routine. This way, you can live your life and concentrate on what's important without any worries whatsoever.

A majority of the *oxygen tubing* systems that you can find today come with replicable parts. This means that you have increased flexibility when dealing with you unit as opposed to earlier versions. It is advisable to consult a health expert when in need of **oxygen tubing**.

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